



PROCLAMATION
**MYALGIC ENCEPHALOMYELITIS/
CHRONIC FATIGUE SYNDROME (ME/CFS) DAY**
MAY 12, 2019

- WHEREAS, Myalgic Encephalomyelitis (ME), commonly known as Chronic Fatigue Syndrome (CFS) or ME/CFS), is a devastating multi-system disease that causes dysfunction of the neurological, immune, endocrine and energy metabolism systems; and,
- WHEREAS, This disease is characterized by severe exacerbation of symptoms following any form of exertion; and
- WHEREAS, Myalgic Encephalomyelitis/Chronic Fatigue Syndrome is understood to be an inability to properly generate energy within cells leaving at least 25 percent of patients home or bed bound; and
- WHEREAS, There is no diagnostic test, no FDA-approved treatment and no cure for Myalgic Encephalomyelitis/Chronic Fatigue Syndrome; and
- WHEREAS, Myalgic Encephalomyelitis/Chronic Fatigue Syndrome affects between 1 million and 2.5 million Americans, including up to 40,000 people living in Minnesota; and
- WHEREAS, Myalgic Encephalomyelitis/Chronic Fatigue Syndrome annually costs the American economy \$17 billion to \$24 billion, including between \$288 to \$407 million annually in Minnesota; and
- WHEREAS, Increased awareness and education for Myalgic Encephalomyelitis/Chronic Fatigue Syndrome can help patients receive timely, appropriate, and compassionate medical care.

NOW, THEREFORE, I, James B. Hovland, Mayor of Edina, do hereby proclaim, May 12, 2019, as

**MYALGIC ENCEPHALOMYELITIS/
CHRONIC FATIGUE SYNDROME (ME/CFS) DAY**

in the City of Edina, to recognize the importance of raising awareness of this disease.

Dated this 12th day of May, 2019.

James B. Hovland, Mayor